



COMING TO LABOR & DELIVERY

We at Monument Health Labor and Delivery want you to have an exceptional experience. This sheet contains general information for your arrival and stay at Monument Health Labor and Delivery in Rapid City.

Because Monument Health is trying to control the spread of the COVID-19 virus, visitation rules evolve and are posted on our website, www.monument.health. Please check there for the most current guidelines. If the support person shows any signs of COVID, a different support person will be needed.

We have a security-controlled unit. You will be given a code during your admission to share with your support person.

We ask that you come to the main hospital's West Entrance (see the map on the back) to check in. This is true whether you think your water is leaking, you are in labor or if you have a scheduled procedure. However if you have a medical emergency, please go to the Emergency Department. You will have immediate access to care, 24 hours a day. However, if you are coming in for a scheduled procedure, please follow instructions given on the phone the day of your procedure.

When you arrive, call 755-8324. You will be taken to the triage area for evaluation or directly to a birthing room. The Health Unit Clerk will check you in and ask you to sign consents for treatment, and your nurse will begin your assessment/admission process. If you do not need to remain in the hospital, you may be discharged from the triage unit.

When you are admitted in labor, you will most likely receive an IV and remain on the fetal monitor according to your provider's wishes and fetal status.

We have 2 operating rooms in our department, so if a C/S is planned, or circumstances arise that require one, you will be in our department for your entire stay, with rare exceptions.

You will be cared for by the Labor and Delivery team throughout your labor, delivery and recovery. Then approximately 2 hours after delivery, you will transfer to the Mother Baby unit for the remainder of your stay. You will have one nurse to care for both you and your baby. Should your baby require special attention, we have our NICU right around the corner.

If at any time you need anything, please ask. We want you to feel well cared for.

Labor & Delivery Entrance

